

# RATTLER SWIM CLUB SPRING CLASSIC

**April 10 & 11, 2010**

<b>Sanctioned by:</b>	Southern California Swimming, USA Swimming
<b>Starting Time:</b>	Sat/Sun: AM session: Meet start 9:00 am, Warm Up 7:30 am PM session: Will not start before 11 am. Check-in/warm-up 45 min. prior to start.
<b>Sanction #:</b>	10-087
<b>Entry Deadline:</b>	<b>ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, March 31, 2010. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). Entries will be limited to comply with the four hour rule.</b>
<b>Directions:</b>	From the 118 Fwy (between the 5 & the 210), exit on San Fernando Rd., turn north, road will split, stay to the right, turn right on Wolfskill St., just across railroad tracks, turn right on 1st St., left at stop sign on Park Ave. Pool on right. Limited parking in front of the pool. For additional free parking, go two blocks northeast of pool, and also at San Fernando Middle School, one block southeast of pool. Snack bar will be available during meet.
<b>Course:</b>	The SFRAC outdoor pool is 13 ft. deep at the north end and 6.5 ft. deep at the south end with 7 - 50M competition lanes, and one 50M warm up lane open during the meet. The competition course has been certified in accordance with 104.2.2(C).
<b>Warm Up Policy</b>	Practice starts or diving from either the starting blocks or the pool edge area not allowed during warm-up except under direct supervision of a 2010 USA Swimming member coach. At the discretion of the Meet Referee lanes 2 & 7 may be designated as sprint lanes (practice starts permitted under coaches supervision with one-way swimming from the blocks) and lanes 1 & 8 may be designated for push-pace work (times to be announced). Marshals will be designated to oversee the warm-up procedure and pool. No horseplay is allowed in the warmup pool. This policy will be strictly enforced.
<b>Check-In:</b>	Swimmers must check-in with the Clerk of Course for each event entered. After an event has been officially closed, swimmers <b>MAY NOT CHECK-IN OR SCRATCH</b> . Swimmers in the first 4 events of each session must check-in at least 20 minutes prior to the start of that session. Swimmers who check-in and fail to swim an event will be scratched from their next individual event.
<b>Rules:</b>	USA Swimming rules will govern. Current SCS meet procedures will be used and take precedence over any errors or omissions on this form. The Meet Referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person.
<b>Eligibility:</b>	Open to Coastal Committee, or outside the LSC, athletes who are 2010 USA Swimming registered. Registration application must be received by the Monday prior to the first day of the meet by the meet processor, administrative referee or SCS office. Late application will be considered "on deck" and subject to penalties in SCS Swim Guide. Part One, III, B. In SCS age group meets, swimmers 18 and younger must prove birth dates prior to competition.
<b>Swimwear:</b>	Swimsuits for men may not extend above the navel or below the knee and for women may not cover the neck or extend past the shoulders or below the knee; no zippers or other fastening devices are allowed except a waist tie on a brief or jammer; suits must be of textile material (no polyurethane or neoprene). An athlete may wear a single set of garments underneath his or her competition swimsuit for modesty and/or privacy reasons.
<b>Submitted/Qualifying Times</b>	Submit your <u>best recorded LONG COURSE or short course times</u> from this or preceding swim season, (not practice or estimated times). All non conforming times will be seeded last. NT (no time) will be accepted for W Division ONLY. Please make sure your entry times are correct. We reserve the right to refuse to make adjustments the day of the meet. <b>SWIMMERS LIMITED TO 4 EVENTS/DAY</b>
<b>Entry Procedure:</b>	Use one SCS consolidated white entry card per swimmer to enter this meet. Card must be filled out completely, including entire USA Swimming registration number. Non Southern California athletes are requested to submit a copy of their 2010 USA Swimming card along with entry. Hy-Tek Team entries with one team check are encouraged.
<b>Electronic Entry Policy</b>	E-mail entry (entry.zip file) will be accepted only when received with an attached Word or .pdf file including electronic signature of the coach and will be dated as official at that time; a 5:00 pm postmark would queue before a 10:00 pm electronic. Full payment (a single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy ONLY (this includes e-mail). New swimmers accepted <b>SPACE AVAILABLE DO NOT RESEND AN ENTRY FILE</b> : a replacement file for the team will not be processed. Deletions will not be refunded. <b>SWIMMERS ARE LIMITED TO 4 INDIVIDUAL EVENTS PER DAY.</b>
<b>Fee:</b>	<b>\$3.25 per INDIVIDUAL event plus a \$7.50 surcharge PER SWIMMER.</b> Relays will be \$7.00 each, time permitting. A check for total amount (made out to SCS) must accompany each entry to the address below (NOT THE SWIM OFFICE). You should enclose a self-addressed, stamped envelope to confirm receipt of entry. <b>NO REFUNDS. RETURNED CHECKS WILL INCUR A SERVICE CHARGE.</b>
<b>Awards:</b>	Heat winner awards will be given. Ribbons will be awarded 1-8th place, in each age group, in each division, "B, R, W". 8/Underswimming 10/Under division will be awarded separately.
<b>Checks:</b>	Please make checks payable to: <b>Southern California Swimming (SCS)</b>
<b>Mail Entries:</b>	Alina de Armas, P.O. Box 63, Simi Valley, CA 93062-0063, Hand deliver: 2724 Lorraine Pl, Simi Valley, CA 93065
<b>Information:</b>	Alina de Armas at dearmas1@gmail.com
<b>Notice of Media Coverage:</b>	This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgment and consent to this fact.

WOMEN		MIN. TIME		MIN. TIME		MEN	
#	AGE	STANDARD	EVENT	STANDARD	AGE	#	
<b>SATURDAY, April 10, 7:30 am Warm Up, 9:00 am Start</b>							
1	10/Under	3:49.30	200 IM	3:50.40	10/Under	2	
3	11/12	BRW	200 IM				
4	10/Under	BRW	100 FREESTYLE	BRW	10/Under	5	
6	11/12	BRW	100 FREESTYLE				
7	10/Under	BRW	50 BUTTERFLY	BRW	10/Under	8	
9	11/12	BRW	50 BUTTERFLY				
10	10/Under	2:02.40	100 BREASTSTROKE	2:03.10	10/Under	11	
12	11/12	BRW	100 BREASTSTROKE				
13	10/Under	BRW	50 BACKSTROKE	BRW	10/Under	14	
15	11/12	BRW	50 BACKSTROKE				
16	10/Under	Deck	200 FREE RELAY	Deck	10/Under	17	
18	11/12	Entered	200 FREE RELAY	Entered			
<b>Break as determined by referee</b>							
19	10/Under	***3:02.70	400 FREE	***3:02.40	10/Under	20	
21	OPEN	5:47.30	400 FREESTYLE	5:46.60	OPEN	22	
23	OPEN	22:11.60	1500 FREESTYLE	22:10.90	OPEN	24	

WOMEN		MIN. TIME		MIN. TIME		MEN	
#	AGE	STANDARD	EVENT	STANDARD	AGE	#	
<b>SUNDAY, April 11, 7:30 am Warm Up, 9:00 am Start</b>							
43	10/Under	3:19.30	200 FREESTYLE	3:19.00	10/Under	44	
45	11/12	BRW	200 FREESTYLE				
46	10/Under	BRW	100 BACKSTROKE	BRW	10/Under	47	
48	11/12	BRW	100 BACKSTROKE				
49	10/Under	BRW	50 BREASTSTROKE	BRW	10/Under	50	
51	11/12	BRW	50 BREASTSTROKE				
52	10/Under	1:49.70	100 BUTTERFLY	1:49.80	10/Under	53	
54	11/12	BRW	100 BUTTERFLY				
55	10/Under	BRW	50 FREESTYLE	BRW	10/Under	56	
57	11/12	BRW	50 FREESTYLE				
58	10/Under	Deck	200 MEDLEY RELAY	Deck	10/Under	59	
60	11/12	Entered	200 MEDLEY RELAY	Entered			
<b>Break as determined by referee</b>							
61	OPEN	6:31.20	400 IM	6:32.30	OPEN	62	
63	OPEN	11:44.20	800 FREE	11:43.70	OPEN	64	

<b>SATURDAY AFTERNOON -</b>							
<b>Starts 45 mins. after end of morning session, not before 11 am.</b>							
			200 IM	BRW	11/12	25	
26	13/Over	BRW	200 IM	BRW	13/Over	27	
			100 FREESTYLE	BRW	11/12	28	
29	13/Over	BRW	100 FREESTYLE	BRW	13/Over	30	
			50 BUTTERFLY	BRW	11/12	31	
32	13/Over	BRW	200 BUTTERFLY	BRW	13/Over	33	
			100 BREASTSTROKE	BRW	11/12	34	
35	13/Over	BRW	100 BREASTSTROKE	BRW	13/Over	36	
			50 BACKSTROKE	BRW	11/12	37	
38	13/Over	BRW	200 BACKSTROKE	BRW	13/Over	39	
		Deck	200 FREE RELAY	Deck	11/12	40	
41	13/Over	Entered	200 FREE RELAY	Entered	13/Over	42	

<b>SUNDAY AFTERNOON -</b>							
<b>Starts 45 mins. after end of morning session, not before 11 am.</b>							
			200 FREESTYLE	BRW	11/12	65	
66	13/Over	BRW	200 FREESTYLE	BRW	13/Over	67	
			100 BACKSTROKE	BRW	11/12	68	
69	13/Over	BRW	100 BACKSTROKE	BRW	13/Over	70	
			50 BREASTSTROKE	BRW	11/12	71	
72	13/Over	BRW	200 BREASTSTROKE	BRW	13/Over	73	
			100 BUTTERFLY	BRW	11/12	74	
75	13/Over	BRW	100 BUTTERFLY	BRW	13/Over	76	
			50 FREESTYLE	BRW	11/12	77	
78	13/Over	BRW	50 FREESTYLE	BRW	13/Over	79	
		Deck	200 MEDLEY RELAY	Deck	11/12	80	
81	13/Over	Entered	200 MEDLEY RELAY	Entered	13/Over	82	

**Maximum 4 Individual Events per day  
ALL EVENTS WILL BE RUN FAST TO SLOW**

**Swimmers in the 400 Free, 800 Free, 1500 Free & 400 IM must provide their own timers. Swimmers in the 800 & 1500 Free must provide their own counters.  
The 400, 800, 1500 Freestyles and 400 IM will be run fastest to slowest, alternating heats of girls and boys.**

**\*\*\* 10 & UNDER 400 FREE -- ENTER 200 FREE LONG COURSE TIME; MUST HAVE ACHIEVED A BLUE TIME STANDARD \*\*\***

Relays are deck entered, time permitting.

If the entries received for the meet are low, the meet will be run in a single session per day. If combined Event order will be:

Saturday -1,2,3,25,26,27,4,5,6,28,29,30,7,8,9,31,32,33,10,11,12,34,35,36,13,14,15,37,38,39,16,17,18,40,41,42

Sunday - 43,44,45,65,66,67,46,47,48,68,69,70,49,50,51,71,72,73,52,53,54,74,75,76,55,56,57,77,78,79,58,59,60,80,81,82