

# Buenaventura Swim Club May Long Course Meet

May 1-2, 2010

<b>SANCTIONED BY:</b>	Southern California Swimming, USA Swimming
<b>SANCTION #:</b>	10-091
<b>STARTING TIME:</b>	<b>A.M. Session:</b> 9 a.m. (Check in/Warm-up at 7:30 a.m.) <b>P.M. Session:</b> Will not start prior to 12:00pm. Check-in/warm-up 45 min prior to start.
<b>ENTRY DEADLINE:</b>	ENTRIES MUST BE RECEIVED NO LATER THAN 5 PM, WEDNESDAY, April 21, 2010. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). Entries will be limited to comply with 4-hour rule.
<b>LOCATION:</b>	Ventura Community Park Aquatics Center, 901 S. Kimball Rd., Ventura. From 126 freeway, exit on S. Kimball Rd and go south.
<b>COURSE:</b>	Long Course – Pool is an outdoor 50m x 25y pool with 7 competition swimming lanes and 1 warm-up lane. <b>Glass containers are not allowed in pool area! No pets allowed in the pool area!</b> The competition course has been certified in accordance with 104.2.2(C). Pool depth at start: 7 feet, at turn end: 14 feet.
<b>WARM-UP:</b>	Swimmers warming up or down before, during and after the meet must be under the direct supervision of a current 2010 USA Swimming coach. Warm up rules will be announced and enforced. No diving into the pool except for the sprint lanes as directed by the Meet Referee. Marshals will be designated to oversee the warm-up procedure and pool.
<b>CHECK-IN:</b>	Swimmers must check in with the Clerk of Course for each event they wish to swim. After an event has been officially closed, swimmers <b>MAY NOT CHECK IN OR SCRATCH</b> . Swimmers in the first 4 events each session must check in at least 30 minutes prior to the start of the meet. Swimmers who check in and fail to swim an event will be disqualified from their next individual event. Swimmers must swim in their actual age group as determined by age on the first day of the meet.
<b>RULES:</b>	USA Swimming rules will govern. Current SCS meet procedures will be used and take precedence over any errors or omissions in this form. The Meet Referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person. To compete in OPEN events, a swimmer must be at least 11 years old and must meet the stated minimum time standard.
<b>ELIGIBILITY:</b>	Open to athletes who are 2010 USA Swimming registered in the Coastal section, or outside of the LSC. Registration application must be received by Monday prior to first day of meet by meet processor, administrative referee or SCS Office. Late application will be considered “on deck” subject to penalties in SCS Swim Guide, Part One, III, B.
<b>CHANGE OF AFFILIATION:</b>	Before the meet, a swimmer may change his/her affiliation by submitting a Club Transfer Form and appropriate fee to the Swim Office. At the meet, a swimmer may only unattach (not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

<b>SWIMWEAR:</b>	Swimsuits for men may not extend above the navel or below the knee and for women may not cover the neck or extend past the shoulders or below the knee; no zippers or other fastening devices are allowed except a waist tie on a brief or jammer; suits must be of textile material (no polyurethane or neoprene). An athlete may wear a single set of garments underneath his or her competition swimsuit for modesty and/or privacy reasons.
<b>SUBMITTED &amp; QUALIFYING TIMES:</b>	Times submitted must be <b>BEST RECORDED TIMES</b> short course or long course from this or preceding swim season ( <b>NO WORK OUT TIMES</b> ). All non conforming times will be seeded last. "No Time" will be accepted for the White division. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action. <b>SWIMMERS ARE LIMITED TO FOUR (4) INDIVIDUAL EVENTS PER DAY.</b>
<b>ENTRY PROCEDURE:</b>	Submit one SCS consolidated entry card per swimmer to enter this meet. Card must be filled out completely including entire USA Swimming registration number. <b>You should enclose a self-addressed stamped envelope or postcard to confirm receipt of your entry.</b>
<b>ELECTRONIC ENTRY POLICY:</b>	E-mail entry (entry.zip file) will be accepted only when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5 PM postmark would queue before a 10 PM electronic) Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) <b>ONLY</b> . New swimmers accepted <b>SPACE AVAILABLE</b> . <b>DO NOT RESEND AN ENTRY FILE:</b> A replacement file for the team will <b>NOT</b> be processed. Deletions will <b>NOT</b> be refunded.
<b>FEE:</b>	\$3.25 per <b>INDIVIDUAL EVENT</b> , plus a \$7.50 surcharge <b>PER SWIMMER</b> . Relays are \$7.00 per relay, and are paid on deck. A check for the total amount must accompany each entry to the address below (not the swim office). <b>RETURNED CHECKS WILL INCUR A SERVICE FEE PER SCS POLICY. NO REFUNDS.</b>
<b>AWARDS:</b>	B/R/W 12&under: Ribbons 1-8. 8 and under will be awarded separately.
<b>CHECKS PAYABLE TO:</b>	<b>SOUTHERN CALIFORNIA SWIMMING</b>
<b>MAIL ENTRIES TO:</b>	BUEN May Meet c/o Bev Pierson 935 Calle Collado Thousand Oaks, CA 91360
<b>FOR INFO:</b>	Bev Pierson (805) 376-3042 ( <a href="mailto:beverly.pierson@gmail.com">beverly.pierson@gmail.com</a> )
<b>NOTICE:</b>	This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

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May 1-2, 2010

WOMEN		MIN. TIME STD		EVENT	MIN. TIME STD		MEN	
#	AGE	METERS	YARDS		METERS	YARDS	AGE	#
<b>SATURDAY MAY 1, 9AM START; 7:30 warm-up</b>								
1	11-12	BRW	BRW	100 FREESTYLE				
2	10 & UN	BRW	BRW	100 FREESTYLE	BRW	BRW	10 & UN	3
4	11-12	BRW	BRW	100 BREASTSTROKE				
5	10 & UN	<b>2.02.40</b>	<b>1.49.10</b>	100 BREASTSTROKE	<b>2.03.10</b>	<b>1.49.70</b>	10 & UN	6
7	11-12	BRW	BRW	50 BUTTERFLY				
8	10 & UN	BRW	BRW	50 BUTTERFLY	BRW	BRW	10 & UN	9
10	11-12	BRW	BRW	50 BACKSTROKE				
11	10 & UN	BRW	BRW	50 BACKSTROKE	BRW	BRW	10 & UN	12
13	11-12	<b>3.25.00</b>	<b>3.01.30</b>	200 IM				
14	10 & UN	<b>3.49.30</b>	<b>3.23.50</b>	200 IM	<b>3.50.40</b>	<b>3.24.50</b>	10 & UN	15
16	11-12			200 FREE RELAY			11-12	17
18	10 & UN	Deck Entered		200 FREE RELAY	Deck Entered		10 & UN	19
20	11-12			400 MEDLEY RELAY			11-12	21
<b>Break as determined by referee</b>								
22	10 & UN	<b>**3.02.70**</b>	<b>2.56.80</b>	400 FREESTYLE	<b>**3.02.40**</b>	<b>2.56.50</b>	10 & UN	23
24	OPEN	<b>5.47.30</b>	<b>6.24.60</b>	400 FREESTYLE	<b>5.46.60</b>	<b>6.29.80</b>	OPEN	25

<b>SATURDAY MAY 1, no earlier than 12:00PM</b>								
				100 FREESTYLE	BRW	BRW	11-12	26
27	13-14	BRW	BRW	100 FREESTYLE	BRW	BRW	13-14	28
29	15 & UP	BRW	BRW	100 FREESTYLE	BRW	BRW	15 & UP	30
				50 BUTTERFLY	BRW	BRW	11-12	31
32	13-14	<b>3.17.40</b>	<b>2.55.10</b>	200 BUTTERFLY	<b>3.08.90</b>	<b>2.47.30</b>	13-14	33
32	15 & UP	<b>3.13.00</b>	<b>2.50.90</b>	200 BUTTERFLY	<b>2.54.80</b>	<b>2.34.40</b>	15 & UP	33
32	OPEN	<b>3.05.70</b>	<b>2.43.20</b>	200 BUTTERFLY	<b>3.07.20</b>	<b>2.47.40</b>	OPEN	33
				100 BREASTSTROKE	BRW	BRW	11-12	34
35	13-14	BRW	BRW	100 BREASTSTROKE	BRW	BRW	13-14	36
37	15 & UP	BRW	BRW	100 BREASTSTROKE	BRW	BRW	15 & UP	38
				50 BACKSTROKE	BRW	BRW	11-12	39
40	13-14	<b>3.19.60</b>	<b>2.54.50</b>	200 BACKSTROKE	<b>3.09.20</b>	<b>2.45.10</b>	13-14	41
40	15 & UP	<b>3.12.70</b>	<b>2.56.70</b>	200 BACKSTROKE	<b>3.00.70</b>	<b>2.37.30</b>	15 & UP	41
40	OPEN	<b>3.09.20</b>	<b>2.46.20</b>	200 BACKSTROKE	<b>3.11.80</b>	<b>2.51.40</b>	OPEN	41
				200 IM	<b>3.25.30</b>	<b>3.01.70</b>	11-12	42
43	13-14	BRW	BRW	200 IM	BRW	BRW	13-14	44
45	15 & UP	BRW	BRW	200 IM	BRW	BRW	15 & UP	46
47	13-14			200 FREE RELAY			13-14	48
49	15&UP	Deck Entered		200 FREE RELAY	Deck Entered		15&UP	50
51	13-14			400 MEDLEY RELAY			13-14	52
53	15&UP			400 MEDLEY RELAY			15&UP	54
<b>Break as determined by referee</b>								
55	OPEN	<b>22.11.60</b>	<b>21.32.10</b>	1500 Freestyle	<b>22.10.90</b>	<b>21.51.50</b>	OPEN	56

WOMEN		MIN. TIME STD		EVENT	MIN. TIME STD		MEN	
#	AGE	METERS	YARDS		METERS	YARDS	AGE	#
<b>SUNDAY MAY 2, 9AM START; 7:30 warm-up</b>								
57	11-12	<b>2.57.70</b>	<b>2.37.20</b>	200 FREESTYLE				
58	10 & UN	<b>3.19.30</b>	<b>2.56.80</b>	200 FREESTYLE	<b>3.19.00</b>	<b>2.56.50</b>	10 & UN	59
60	11-12	BRW	BRW	50 BREASTSTROKE				
61	10 & UN	BRW	BRW	50 BREASTSTROKE	BRW	BRW	10 & UN	62
63	11-12	BRW	BRW	50 FREESTYLE				
64	10 & UN	BRW	BRW	50 FREESTYLE	BRW	BRW	10 & UN	65
66	11-12	BRW	BRW	100 BACKSTROKE				
67	10 & UN	BRW	BRW	100 BACKSTROKE	BRW	BRW	10 & UN	68
69	11-12	BRW	BRW	100 BUTTERFLY				
70	10 & UN	<b>1.49.70</b>	<b>1.37.40</b>	100 BUTTERFLY	<b>1.49.80</b>	<b>1.37.60</b>	10 & UN	71
72	11-12			200 MEDLEY RELAY			11-12	73
74	10 & UN	Deck Entered		200 MEDLEY RELAY	Deck Entered		10 & UN	75
76	11-12			400 FREE RELAY			11-12	77
<b>Break as determined by referee</b>								
78	OPEN	<b>6.31.20</b>	<b>5.48.20</b>	400 IM	<b>6.32.30</b>	<b>5.48.90</b>	OPEN	79

<b>SUNDAY MAY 2, no earlier than 12:00PM</b>								
				200 FREESTYLE	<b>2.58.40</b>	<b>2.37.80</b>	11-12	80
81	13-14	<b>2.48.10</b>	<b>2.28.40</b>	200 FREESTYLE	<b>2.42.00</b>	<b>2.22.80</b>	13-14	82
83	15 & UP	<b>2.48.70</b>	<b>2.28.80</b>	200 FREESTYLE	<b>2.34.70</b>	<b>2.18.20</b>	15 & UP	84
				100 BUTTERFLY	BRW	BRW	11-12	85
86	13-14	BRW	BRW	100 BUTTERFLY	BRW	BRW	13-14	87
88	15 & UP	BRW	BRW	100 BUTTERFLY	BRW	BRW	15 & UP	89
				50 BREASTSTROKE	BRW	BRW	11-12	90
91	13-14	<b>3.43.00</b>	<b>3.18.20</b>	200 BREASTSTROKE	<b>3.33.00</b>	<b>3.06.40</b>	13-14	92
91	15 & UP	<b>3.41.90</b>	<b>3.17.30</b>	200 BREASTSTROKE	<b>3.20.40</b>	<b>2.57.80</b>	15 & UP	92
91	OPEN	<b>3.31.00</b>	<b>3.08.80</b>	200 BREASTSTROKE	<b>3.31.20</b>	<b>3.09.00</b>	OPEN	92
				100 BACKSTROKE	BRW	BRW	11-12	93
94	13-14	BRW	BRW	100 BACKSTROKE	BRW	BRW	13-14	95
96	15 & UP	BRW	BRW	100 BACKSTROKE	BRW	BRW	15 & UP	97
				50 FREESTYLE	BRW	BRW	11-12	98
99	13-14	BRW	BRW	50 FREESTYLE	BRW	BRW	13-14	100
101	15 & UP	BRW	BRW	50 FREESTYLE	BRW	BRW	15 & UP	102
103	13-14			200 MEDLEY RELAY			13-14	104
105	15 & UP	Deck Entered		200 MEDLEY RELAY	Deck Entered		15 & UP	106
107	13-14			400 FREE RELAY			13-14	108
109	15 & UP			400 FREE RELAY			15 & UP	110
<b>Break as determined by referee</b>								
111	OPEN	<b>11.44.20</b>	<b>12.58.60</b>	800 Freestyle	<b>11.43.70</b>	<b>13.09.80</b>	OPEN	112

Relays will be swum, time permitting

The 400 IM, 400, 800 and 1500 freestyle will be swum fastest to slowest, alternating girls and boys  
Swimmers in the 400 Free, 400 IM, 800 Free and 1500 Free must provide a timer for a minimum of 3 heats

Swimmers in the 800 and 1500 Free must supply their own lap counters

\*\*\* 10 & UNDER 400 FREE -- ENTER 200 FREE LONG COURSE TIME; MUST HAVE ACHIEVED A BLUE TIME STANDARD \*\*\*

If length of combined sessions is projected to be 4 hour or less, sessions will be combined as follows:

Saturday: 1-3,26-30,4-6,34-38,7-9,31-33,10-12,39-41,13-15,42-46,16-19,47-50,20-21,51-54,22-25,55-56

Sunday: 57-59,80-84,60-62,90-92,63-65,98-102,66-68,93-97,69-71,85-89,72-75,103-106,76-77,107-110,78-79,111-112